



Maintenance

sniegen bne edoj llem2 House and laundry

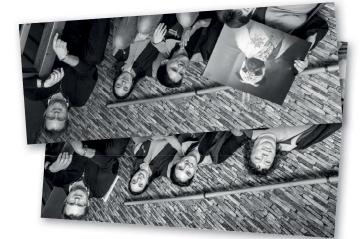
FOR HOLIDAY HOMES: CONCIERGE SERVICE

and still going strong!

There was no "concierge service" in the area in 2003; even the meaning of the term seems a far cry from the way it is understood today. Whilst established as a recognized profession in New-York and London, this was certainly not the case in France, let alone on Ile de Ré.

over the summertime. Services are provided in all 10 of the island's villages, and in La Rochelle.

We would like to thank all our clients, English, French, European and those from even further afar, some of whom have actually placed their trust in us since Day One.



HOLIDAY SERVICES was set up, in 2003, because, apart from the odd neighbour or retired friend, holiday-home owners on Ile de Réhad no-one to rely on to manage their property.

HOLIDAY SERVICES arrived with a professional approach, employing staff, designing a bilingual website, providing a service in both English and French, offering insurance-covered contractual arrangements, etc.

The profession itself was given a boost when the "Borloo plan" (named after the minister in charge) was introduced in 2005. This led to the emergence of thousands of start-ups all over the country, though many of these were no longer on the scene after a couple of years.

HOLIDAY SERVICES now employs 5 people on open-ended contracts and increases its staff

13 BIS RUE DES SALIÈRES 17410 ST MARTIN DE RE TEL/FAX : 05 46 09 36 04

ANDRE FRANCOIS CORDONNERIE CLES MINUTES TAMPONS - PLAGUES AUTO ESPADRILES ARTISANALES FRANCAISES

OUVERT A L'ANNEE



parking space. A popular spot though, so plan

Gare » (train station) and then « Aquarium ». Access: from the ring road, follow the signs « on being there all day.

nini-museum/library/bookshop about boats, children : the famous Corderie royale (a sort of lg also worth a visit with (not-too-young) the signs as soon as you reach the ring road) of Rochefort, 30 minutes away by car, Ifollow Further out of La Rochelle, the beautiful town

ĴΟ pue tseq

Were

century ship thе the royal ships, present, where

əfiz

reconstruction

Hermione of the XVIII Nearby is the :(əpew Garage du Port the ropes for

[WWW]

ames ant ni

restaurants

are plenty of

in 2018, There Mediterranean

hermione, com

pue

the

sdoys

towards Jiss Jliw Asidw

If it is not raining and if you feel like cycling all

17 18 17 or www.agglo-larochelle.fr/services. or on the Vieux Port (old harbour). Infos au 0810 at the train station (« Gare ») or Place de Verdun is to get on a bus in the morning and hire a bike along the 150 kms of cycle tracks, the best bet

- Tél : 05 46 87 01 90 www.corderie-royale.com.

Audebert BP 50 108 - 17303 ROCHEFORT Cedex

Royale - Centre International de la Mer, Rue

area and the town itself is nice to visit. Corderie

Tél.: 05 46 42 37 16 Olivier-CGC Automobiles

28, petite rue de Québec Lo

Vente VN & VO

Utilitaires • 4x4 • Camping-cars

Toutes marques

Réparations de véhicules

17000 La Rochelle Pollice

www.lesmouettes-transports.com. Infos: Tel.: 08113617 and the station for instance with the Ré Express). the island to La Rochelle (Place de Verdun or pick you up from several different places on bus service n°3 (Compagnie Les Mouettes) will

basically in the same area and there is plenty of Bagel Corner...). All these attractions are in the same square (La Boucherie, McDonald's, also several cheap and cheerful places to eat

Rochelle www.cgrcinemas.fr/larochelle). There

than 12 screens - Avenue Henri Becquerel à La

with the local Multiplex cinema CGR (no less

- La Rochelle. Tel.: 05 46 41 68 08) and carry on

for the eyes- Rue La Désirée - La Ville en Bois

present models, automatons and dolls - a feast

Automates et des Modèles Réduits (past and

the small, quaint and fascinating Musées des Aquarium (as good as any in the world) and then

wish to pay the following sites a visit: first the If the weather really gets miserable, you may

[sports and activities], Hyper U (food), Cultura

(house and garden "bric a brac"), Decathlon

can be found there : Leroy-Merlin (DIY), Gifi

bridge). All the big French names in shopping

your left, once you are on the ring road after the

de Beaulieu, in Puilboreau (10 minutes away, to

is the ... big shopping area Centre commercial

Another possibility, maybe not as classy though,

Tourist Office is between the port and the Ville bridge. Main car park is Place de Verdun. The

It takes 15 minutes once you have crossed the

» when you leave the island onto the ring road. below); by car: follow the signs « centre ville

To access La Rochelle is easy: by bus (see

sit down at one of the terrace cafés and have a anymore, you might even be lucky enough to

shops, cafés and restaurants and if it not raining

and streets full of history. You will find numerous private houses, arcades, monuments, squares

will enjoy a walk in the city, surrounded by old

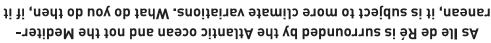
(books, music, arts & crafts), etc.

LA ROCHELLE BY BUS:

en Bois.

TI

If the meather turns nasty



gets cloudy or it starts raining?



makers » subscriptions. You may also visit your

'96 Ol 99 97 90 the football ground) in St Martin. Open 7/ 7. Tel. - Chemin du Vieux Marais (near the school and when all families have the same idea...- Aquaré consequence, means the place is pretty full the family in case of bad weather Which, as a saint-martin-de-re-17) is the ideal place for all Aquaré pool (www.vert-marine.com/aquare-

Open since July 2009, the intercommunal

ON THE ISLAND:

available in small flyers which you will find at all details on films and showing times, also The local weekly Le Phare de Ré will provide the moment. There is only one theatre though. a week and shows most of the popular films of 89 53 et www.lamaline.neti is also open 7 nago osle si (fan.anilemei.www ta £8 La Maline (Le Mail, La Couarde - Tel. : 05 46 29 The best alternative then becomes the cinema.

fr) which has a great choice and offers « holiday 43 91 89 - www.mediatheque-saintemariedere. Ste Marie (2 rue de la République - Tel. : 05 46 the best place is probable the Mediathèque, in libraries, in each village, are a good start but To hire books, comics and DVDs, the municipal Tourist offices and many shops.

The small city of La Rochelle is worth a visit,

OFF THE ISLAND

Beaux Arts, Natural history museum...), you a few such as the Musée Maritime, Musée des even mentionning the museums (and there are will keep you busy for half a day at least. Without Wooden Cityl, a few yards away from the port, the old harbour, but also the Ville en Bois (the larochelle.fr). The historical centre, around whether it rains or not in fact (www.ville-



crossings! no less than... 277 level lanes, etc. there were paths, roads, streets, as there were numerous benefit of everyone, but round the island, for the a small train used to go Between 1898 and 1947,

birds in the winter. nas counted no less than 50 000 OGJ 9AT sabit tsahgid ta ayewla operation takes two days, sidT bnslsi adt no tnasang ,endpipers, (.ɔfə that are barnacle geese, cormorants, the water birds (swans, ducks, - bird protection leaguel counts pour la Protection des Oiseaux Each month, the LPO (Ligue

11

exactly 100 times smaller. km² but with a population... 88 : netterneM ... se ssiz ames ant Viatemixonage si è B abl all tud basilear probably

between 15 and 160 acres. other varieties that cover place with 270 acres then wine, comes in second nerlot variety, used for exist on the island. The acres out of the 1500 that ugni » variety covers 700 of production. The « white in their respective regions whether produced locally or and even armagnacs, process of cognacq, pineau gnibnald ant ni basu si bne maturity later than others of Italian origin. It comes to zi bne « ingu stidw » bsmen zi bnslzi ədt no tzom ədt The vine which is grown

months later!

£ ...bnuoł sew

bne and ni auonio

e mont begasse

14 1962, a puma

« Fou de France » during Alain Ducasse's receives great attention fleur de sel » salt always » and bortland and the grocer's in Manhattan The Meadow, a first rate restaurant in London, or places as the Connaught found at such high class the world over and can be « grenaille » is renowned The famous local potato

ni noiterado operation in

.negel

Documentation:

Hervé Roques – Editions Sud Ouest 2017 Ile de Ré – petits secrets et grandes histoires – Yann Werdefroy et

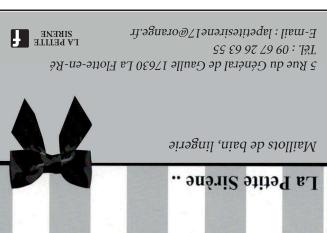
fascinating and easy to read) L'Île de Ré, David Canard - Geste Editions 2010 (a small book yet

Le petit train de l'île de Ré, de Jean-Pierre Rault - Editions C.M.D

[9661]

Le Phare de Ré (9 Sept. 2009) and Ré à la Hune (2 Feb. 2011)









i Pas country did not even exist at the time, has no shores and no doing on a boat because Hungary, let alone the fact that the his name and secondly one really wonders what he was No, this is not true, first because he couldn't have written after a boat trip and carved his name on a tree in Les Portes. ages, was called Szwystkjgy. He was Hungarian, got lost The very first known inhabitant of ILe de Ré, in Neolithic

the one in Ste Marie hasn't. , slyts sti tqsx kept its style, as a seamark by sailors. The one in Ars because it was used white, in the same way as the painted half in black and half in sew sineM at an in John and XX_{III} century, the steeple of Before the beginning of the

prison is much more discreet nowadays. days are over and anything related to the etc. Since the expansion of tourism, these some of the inmates working in the fields, was part of everyday life on the island, with vi (2'079' shill in 1690 wand until the 1970's, it such sexual abuse or murder This prison sentenced to long terms for serious crimes centrale de St Martin », and some have been There are about 400 inmates at the « prison

Ste Marie hasn't, kept its style, the one in The steeple in Ars has a seamark by sailors. because it was used as way as the one in Ars in white, in the same half in black and half Ste Marie was painted steeple of the Church in the XXth century, the Before the beginning of

l əqiq əbiw-mm 00d ano ...abizni ,agbind continent, through the from the cowes residents and tourists used, all year round, by All domestic water DEPARAMENT OF P

3 months later! ...bnuot sew bns 27A ni

met o examine the various appeals... bed egbul yne 970f 8881 fo gning2 ent ni betelmoo than the engineers and workers and the bridge was eventuction but French magistrates were slower franiege beleege bed seitred bridt ynem ze legel ton When work began in 1986 to build the bridge, it was

escaped from a circus ewnd e 1965, 32... one year later! of baqmul nadmun of that period, the

the economic growth the island but, due to no estie gnigmes 8 1962, there were only ni se sunt ton si sidT estainuot to nadmun ever-increasing the not eldiznoqeen elos si heard that the bridge

Did you know that

01

bne biez natto zi tl

eaten earlier on at the nextdoor restaurant. a dance club where you can get rid of the calories bands in the evening; la Pergola (La Couarde), for the conventional yet tasty grub and the live type food and atmosphere; A l'Ouest (St Clément) (La Flotte); the Kustom Diner (le Bois), for its USand live bands Inside; the piano bar Les 2 Canons the Soul Train café (St Martin) for a Mojito outside view, even after sunset, and its pub atmosphere; in the yachts nearby ; le Mautic (la Flotte) for the atmosphere but also the sound of shroud lines Martin), for its tapas before dinner, the trendy FOR A LIVELY EVENING: Le Cervane (St

impressions are more than welcome! I don't know them... yet. In the meantime, your good reviews and are strongly recommended but l'Ecailler (La Flotte), le Balaou (la Couarde) get Marée (Les Portes), la cabine de Bain (Le Bois), Places such as les Q-salés (le Bois), Le Chasse-

thanks to its constant quality and reputation. Mail. L'Océan (Le Bois) is also a very popular place hommes, the Bordin zinc and the Restaurant du the fresh fish; Also in La Couarde : le Peu des and surroundings (pool, trees, nearby beach) and for its low key, still trendy, outdoor atmosphere Taxi-Brousse (la Couarde -in the summer only) friends at the same table and the cosy terrace; Le La Couarde) for the idea of sharing dishes with bistro atmosphere; La Maison (St Martin, towards rogue » dishes (tripe, etc.) and meat in general in a Chai Pépette (Ste Marie) for the quality of its « O Parloir (St Martin) for the rather trendy decor; beautiful bistro-type room, inventive food and view; back yard; Le Serghi (port of St Martin) for its atmosphere, fresh food and quiet garden in the yet again Côté Jardin (St Martin) for the gentle DINNEK MITH FRIENDS: my « usuals » are FOR A MORE SIMPLE, YET EXCELLENT,







RUE EMILE ATGIER - 17410 ST MARTIN DE RE

RESTAURANT - JARDIN INTERIEUR



Our favourite Restaurants





Can you imagine coming to France for a holiday, without having a go at the local culinary traditions? This part of the guide is a tricky one because liking or disliking a restaurant relies on very personal feelings. It is impossible to know them all, not to mention the fact that they often change hands. Here are mine, tried and approved:

FOR A GASTRONOMIC EXPERIENCE:



Chai Nous Comme Chai Vous (la Flotte). Owned and managed by Florence et Laurent Favier, this small room can welcome no more than 25 people. This is about the only place on the island where you will find no steak and chips, pizzas or seafood platters but only imaginative dishes such as clam in absinth butter or summer truffle "croquet monsieur" sandwich. The place is very fashionable so book in advance. Laurent Favier is also, since July 2017, in charge of the Favier is also, since July 2017, in charge of the Pergola restaurant (la Couarde) where he will

serve the same type of inventive dishes. In Are, you want to go to **0 de Mer,** in the little street opposite the Church. It is in the same class as Chai Nous... (small room, non-touristic food, excellent wine -some from Australia as this Belgian couple met down Under).

FOR A COLOURFUL AND TASTY LUNCH:





for all sorts of pancakes in an « Antique shop for all sorts of pancakes in an which is also a great deli and purveyor Rivedoux) which is also a great deli and purveyor of fine food and beverages; **O Parloir** (St Martin) for its plancha-type lunch menus; **A l'Ouest** (St Clément), worth a visit for the « andouillette » sausage but not only!; **le M** (Rivedoux) for the view and its traditional French cuisine with a touch of class,

POR AN EASY AND SIMPLE BITE, in remote places, off the usual touristic tracks : the **Régalet** (Rivedoux) for the large terrace and generous menus; le **Gourmand'ine** (La Flotte) for its French cuisine with a lady's touch (the manager is Russian and the chef French); **un Air de famille** (opposite Post Office in St martin) for its salads and tarts... La **Fiancée du Pirate** (La Flotte) for its pancakes and kid's area. Last but not least, the **Chippie's** and kid's area. Last but not least, the **Chippie's Coffee** (St Martin) which serves fish'n'chips, **Coffee** (St Partin) which serves fish'n'chips,

(in Rivedoux and Loix), roller and skateboarding (www.dogsrider.free.fr), archery (www.archersdere.free.fr) or badminton (www.rebadmintonclub.org)

Visit your local Tourist Office for more information.







But you may also wish to **hire a large boat** for a day or a week? Then log on to www.iledere-luxe.com/services/fr/prestataire/alain-girard-sailing - (Alain Girard: 06 12 41 99 92) or www.catamaran-bluenote.com (Bernard au 06 89 88 32 08) or www.catamaran-dreamon.com (Benoit

au 06 18 10 37 51). To discover « easy sailing », from the age of 3 [!], come and hire the Iziboat (www.IZIboat.com) at the Centre Mautique Pleine Air - Rue de la Surveillance - Rivedoux - Tél. : +33 5 46 35 62 05, from 1st, July until 31st, August.

You want something quieter? Then why not try fishing on foot, in the marshes or at low tide in Rivedoux (by the light house), la Couarde or Ars; or sea diving (www.nautilus-plongee.com) in St Martin.

The more conventional sports, such as tennis can be played in each of the 10 villages (a couple of clubs share several courts though), or golf in been going 25 years now!) but also in La Flotte, at its practice ground (www.golfenre.fr.) before the its practice ground (www.golfenre.fr.) before the popular and there several clubs in Ste Marie, La popular and there several clubs in Ste Marie, La games, such as football, basketball (the team in St Clément-Les Portes. Team games, such as football, basketball (the team in or rugby are very popular but the clubs are usually closed during clubs are usually closed during provides.

lle de Ré even has its own cricket club (www.ilederefrance.com/cricket-ircc), or clubs dedicated to martial arts, aeromodel flying



Ine sporty island

Coming to Ile de Ré and doing... nothing must be possible, but who really wants to miss out on the numerous sports and activities available?

On the water, everything is available and possible. The in-sport of the moment is **Stand Up paddle** (drawn from an ancestral Polynesian use of a large board, on which one stands holding a paddle using the size

of the board to float and beat the waves) which is available in Rivedoux, La Couarde (www.supevasion. Com), Ste Marie, Le Bois, La Flotte (www.papaipaddle. com); there is also kite surfing (you stand on a surfing (you stand on a surfboard and are pulled by a strong and colourful kite), in Rivedoux (www. ilederekitesurf.com), la ilederekitesurf.com), la

accident with a car in a one way be silly to ruin a holiday because of an are not for large vehicles only... It would angis beon that stailoyo bnimen of lufeau plage-St Clément = 16 kms. It may be Rivedoux-Les Portes = 32 kms, Le Bois-St Martin-La Couarde via Le Bois = 10 kms; makes it steep at times! A few distances: The island is more or less flat but the wind which can be useful if you run into difficulty. vélo, etc. have shops in more than one village, companies such as Cycland, Cyclosurf, Tout à will cost around 35 euros for instance. Several more than 3 bike shops. An adult bike for a week bikes in each village, where there are usually villages and salt marshes; you can also hire and cruise from north to south, through forrests, bicycle, then you can hit the tracks immediately cycling and sailing fanatics. If you have your own Above all, the island is well known among

street for instance.



BINZ

cdciledere.fr.

Ile de Ré has always adopted a **« green »** attitude. There are no tall buildings, no trafflic lights, no large advertising boards and many types of bins. Thank you for sharing this way of

Each village has its own organization as far as collecting bins is concerned: every other day or every day (as in the centre S^t Martin during the summer). Details can be found at the Mairie, in the house book, in **the Phare de Ré** or the phone book **Le Fil de Ré** and on the website

Just remember that: bins with a <u>yellow top</u> are for recycling (can, tins, plastic bottles...), bins with a <u>green lid</u> are for perishables (to be placed in plastic bags); in different places in each village, you will also find bins for glass and for magazines.



yann werdefroy photographe

-photographe reporter

Fine Art / Portraits / Magazines

www.yannwerdefroy.fr 761.: 06 60 41 96 89

BEACHES AND PLACES OF INTEREST

On the **east coast** of the island, the beaches are small and pretty rare in fact: la Cible in S^t Martin or L'Arnérault in La Flotte, opposite the hotel Le Richelieu, and Sablanceaux, in Rivedoux, where kiters meet

kiters meet.

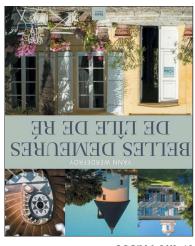
On the **south side**, opposite the commercial port of La Rochelle, is Rivedoux with its long, wild, sandy beach, a haven for families but also a peradise for kite surfers, and sailors in general when it gets windy. A drink at the Ré Glisse (the When it gets windy. A drink at the Ré Glisse (the JetSki spot) at sunset (with the sun in your back) in the summer, after a day at sea, is something in the summer, after a day at sea, is something

not to be missed. Right **up north**, you will, no doubt enjoy the Conche des Baleines, between S¹ Clément and Les Portes. A few years back, it was listed, by a British Sunday paper, among the 200 best beaches... in the world! The sand, the view, the waves; even my sister-in-law, who is Australian, was speechless! A great place for families and was speechless! A great place for families and

But it is on the **west coast** that you will find the famous long (and wide, at low tide) atrips of sand from les Grenettes (great surfing) outside S^{te} Marie, right up to S^t Clément. Those beaches are called Le Petit Sergent, les Petites Folies (insturism tolerated), Gros Jonc, etc.

Ile de Ré is also well known for its 100 kms of cycle tracks [see SPORTS pages]. Here are a few places of interest which can provide a goal for a daytime trip on a bike: the **Phare des Baleines** in St Clément [60 m high and 257 steps to the top where the view is fabulous under a blue sky], the fortifications in St Martin [one of Unesco's world heritage sites], **the salt marshes** outside Loix [visit the Ecomusée des marais salants, in the right bend before the village], the **musée Ernest** off the Bort in St Martin or the Musée

du Platin, in la Flotte, two small museums to learn more about Ré, its past, illustrious characters and traditions.



7

Neeful information



There are 10 villages on the island. You will find all you need in each of them.



LOOD

There are **3 supermarkets** on the island: 2 Intermarché (La Flotte and St Martin) and one *E.Leclerc* (S¹ Martin). They are open from 9.00 am to 7.30 pm, (often even later in July and August), Monday morning to Saturday + Sunday morning during holiday periods. The local morning during holiday periods. The local weekly Le Phare de Ré, in its first 2 pages, will

tell you more each week.
Each village also has a smaller **minimarket** [whether Carrefour Contact, U Express, Spar, etc.) in each village, with, basically, the same opening and closing hours as they aspire to be convenient.

Last but not least, you will not miss the traditional markets. Each village has its own, whether very big (Ars and le Bois-plage), or small (Rivedoux, S' Clément); some are more charming than others (Les Portes right in the heart of the village, La Flotte and its medieval square and surroundings) but they all are lively places with a vibrant atmosphere and plenty to see and goods to buy.

YT3AS & HTA3H

The local phone book Le Fil de Ré, which you should find in the house or in most shops in your village is useful all year round. The pages at the back of the book are dedicated to « Heath & Emergencies » and all G.Ps, dentists, etc. are listed.

The local weekly newspaper Le Phare de Ré

(published every Wednesday) also lists the doctors, dentists or chemists on duty that week. An **emergency service** is also open (in July and August only) at the hospital in S^t Martin (Tel. 05 46 09 20 01) - You can also dial 15

(emergencies - 24/7) or 18 (fire brigade). The **gendarmerie** (in rural areas - the police in big towns and cities) is located 2, avenue de Phillipsburg, S^t Martin (TeL: 05 46 09 21 17 or 17).

PUBLIC SERVICES

Each village (but not the hamlets such as la Noue, which is in fact a part of S^{te} Marie or Le Gillieux, a part of S^t Clément) has its own **Mairie**, its own **Post Office** and its own **Tourist Office**. The Tax Office is located in S^t Martin.







Welcome to I'le de Ré!



! • A so all of ebiug « besinotibenu » fo still very honest and, I hope, useful; a sort biased and certainly non-exhaustive; but This guide is thus rather subjective, a little

recommendations would be very helpful museum, beach or craftsman. Your own don't know every restaurant, shop, I must confess, however, that we

share it with you. anyone else's but it is ours and I wanted to This is our own network, no better than

Enjoy your holiday!

i su noi

http://www.hodidaly.lseary.fces.met Christopher VADOT

HOLIDAY SERVICES

Agrément préfectoral : SAP/449983402 N° TVA intercommunautaire FR54449983402 Sarl au cap. 8000 euros - Siret 449 983 402 00016 Tel. 05 46 09 36 29 - infoldholiday-services.net Xuobəvi R - 17940 Rivedoux Concierge service for holiday homes

> guides, magazines, maps, local papers, will soon come accross numerous nov bne betrete stauf eved and you

> pictures. information you need and often beautiful good, look nice and provide you with all the To be honest, most of these are quite

> information. personal tool, a guide with « insider » and I wanted to give my clients a more SERVICES is not a publishing company YACIJOH .bnim ni əbiug trenefilib e bed I

> to be part of it. which you will find here; and most wanted shop, restaurant, name and company booklet is part of it. We know every single every company that advertises in this little we have our own network and each and As we live on the island all year round,



su niol





Design and layout : 1, 2, 3 ! Simone



directement issus des producteurs locaux vos produits fermiers de qualité

(pâtes, bières, farines, gâteaux, fruits à coques...), et yaourts, des fleurs, de l'épicerie sèche

des conserves.

terre.... de Ré, vins et pineau, sel, huîtres, pommes de Il ne faut pas oublier les incontournables de l'ile

vous conseiller et transmettre sa passion. Chaque jour un producteur est parmi nous pour

34 05 69 34 60 : IST

Les producteurs vous proposent des produits environs. producteurs fermiers de l'ile de Ré et des Le magasin regroupe une trentaine de

issus directement de leurs exploitations. fermiers de saison, locaux

La gamme de produits fermiers s'élargit en

veau, porc, volailles et foie gras...), des fromages frais et de saison, des viandes gouteuses (boeuf, Vous y trouverez des légumes et des fruits permanence.

Chemin des Guignardes - 17580 Le Bois Plage en Ré

lafermedesproducteursreunis@gmail.com





Revêtements Sols et Murs - Rénovation Peinture - Décoration - Ravalement

.h. - E-mail : contact@brize-monnee.fr 17630 LA FLOTTE EN RE 3, rue des Caillotières - VA Croix Michaud Tel 05 46 09 54 90 - Fax 05 46 09 46 92

